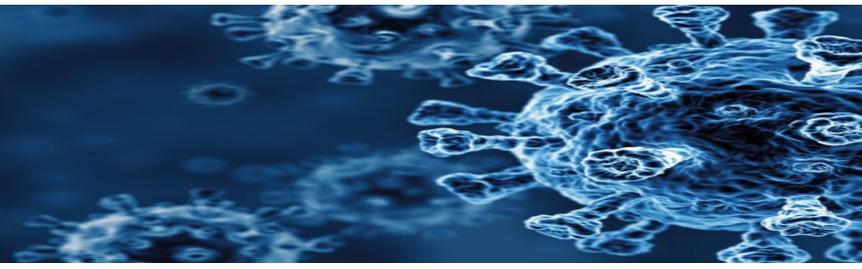


YOUR COVID-19 COVER



What are the symptoms of COVID-19?

- Tiredness
- Cough
- Muscle aches
- Shortness of breath
- Fever
- Runny / congested nose
- Headaches
- Diarrhoea
- Sore throat
- Nausea or vomiting
- Loss of taste / smell

What does my medical aid cover?

1. Are you feeling symptoms and need to take a general Rapid Diagnostic test (RDT) or Polymerase Chain Reaction test (PCR)? - **NOT COVERED**
 2. Do you need to be admitted for a procedure or other treatment and the hospital / institution requires a PCR test as a pre-admission requirement? - **COVERED**
 3. You have been confirmed positive for COVID-19 and you require treatment (whether in-hospital or outpatient) - **COVERED**
- 2 and 3 above are covered up to your available scheme benefits

What should I do if diagnosed with COVID-19?



DO's

- Stay calm
- Stay at home for 14 days and rest
- Only leave home if you need medical attention
- Ensure you have family members who can help you to get essentials that you may need as well as do shopping for you
- Keep connected to loved ones remotely via phone or video calls



DON'T's

- Do not go to work
- Do not use public transport
- Do not entertain visitors in your home
- Do not go shopping or to any public places
- Do not visit anyone or attend any sort of gatherings
- Do not leave home unless you require medical attention